

Godzarmy Discovery [Mauritius]



1. What is the name of your Non-Governmental Organization (NGO) or tool?

Mouvement d'Aide à la Maternité - MAM.

2. What is the vision or/and mission of your organization or tool?

The Mouvement d'Aide à la Maternité was founded to help pregnant mothers facing difficulties and help them not to seek an abortion.

3. What are your activities? Events?

Since August 1997, MAM has opened The Centre for Life which has been enlarged in 2005. MAM has developed different activities during these years.

The Centre has become active in the following fields.

1. **welcoming pregnant young mothers who come for counselling and accompaniment;**
2. **monthly meetings for the a) the executive committee and b) for the voluntary members helping MAM;**
3. **having weekly sessions preparing these mothers for pregnancy, childbirth and child care;**
4. **welcoming groups of students who look for information concerning teen age pregnancy;**
5. **parties twice a year- on Mothers' Day and for Christmas;**
6. **video sessions for those who need information.**

PREVENTION AND ALLEVIATION OF TEENAGE PREGNANCY DISTRESS

- **Location(s) of the action:**

The Centre for Life is in Rose-Hill. Other groups of MAM are active in the most vulnerable suburbs of upper Plaine Wilhems, Souillac, Riviere-Noire, Rose-Belle, Mahebourg, Pamplémousses, Grand Baie, Bois Marchand, Ste Croix.

3 main activities

1. **Accompany TEENAGE PREGNANT MOTHERS TO BE**
 - a) **MAM's supportive action prepare young girls and women into motherhood with a positive mindset. In house sessions animated by MAM's team of two/three midwives are held at MAM Centre pour la Vie in Rose-Hill. These courses include weekly yoga sessions. Instead of being idle during their pregnancy time they learn about self-care/ health/hygiene/ delivery /childcare, breastfeeding. The babies raised in a positive atmosphere are given the best chances to live a happy life.**
 - b) **Empowering young mothers with a diploma in child care.**

Some teenage girls become pregnant very early, they have done little schooling, are not very qualified. Burdened with a child, they do not have much opportunity to learn a trade and find the job that will help them become financially autonomous. Proper formation in child care make them become better mothers, and provides them the opportunity to find a job as baby sitters and become salaried personnel in childcare centres. MAM has for the last five years been having weekly courses with qualified educators who have been training more than 100 mothers who have obtained a diploma in child care.

2. EDUCATE TEENAGERS TO A POSITIVE ATTITUDE TOWARDS SEXUALITY: Pran letan pou kontan; take time to fall in love.

Sessions in villages with the teens on the theme 'Pran letan pou kontan.'

Objectives of the workshops: To speak about sexuality in a healthy and positive way.

Information on problems entailed by early pregnancies.

Fostering respect of life and encouraging responsible sexual behaviour.

To develop awareness of risks & diseases: **AIDS, STD**, associated with irresponsible sexual behaviours.

Parents are invited to join them after lunch to encourage open dialogue within the family.

A second gathering is required to answer questions and have an evaluation.

3. PROGRAM MAMAN SOLEIL

Make happy families, strengthening family ties, encouraging and facilitating dialogue between members of the family enabling them to better communicate.

4. Will your activities-calendar be available on Daybreak's website (to support you and to avoid clash between yours and other organizations' events)?

Yes

5. What are the resources (human resources, equipments, gifts and talents, etc.) that your organization can share with the other members of the Body of Christ to better serve as such?
6. What are your needs actually? How can we help you in your ministry?

Volunteers

7. How can we contact you?

CENTRE POUR LA VIE

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